

Barnet Refugee Service



ANNUAL REPORT 2013/14



Our Major Funders for 2013/14

- **NHS Barnet**
- **Barnet Council**
- **The City Bridge Trust**
- **The Milly Apthorp Charitable Trust**
- **The Hilden Charitable Fund**
- **The John Lyon's Charity**
- **Help a Capital Child**
- **The Grahame Park Small Grant**
- **Health & Social Care Volunteering Fund**

Barnet Refugee Service Telephone 020 8905 9002
Fax 020 8905 9003

Monday – Friday 9am – 5pm

Barnet Refugee Service, 8th Floor, Hyde House, The Hyde
NW9 6LH

Email: advice@b-r-s.org.uk Website: www.b-r-s.org.uk
Charity Number: 1107965 Co Ltd by Guarantee: 5243595

Index

A Message From Our Patron	2	Enquiry areas 2013-2014	12
Foreword From The Trustees	3	Customer Overall Satisfaction	12
Message From The Director	3	Clients by Gender	12
Organisational Chart	4	Customer Satisfaction Survey	12
Our Staff	5	ESOL Classes	13
Goodbye to Syar Taher	5	Women's Group (Jasmine)	14
Introduction	6	Job Club	14
Financial Statement	6	Little Treasures	15
Current Funding	6	Case Study 3	15
Our History	6	Men's Breakfast Club	15
Our Ethos	6	Health First Volunteering Project	16
Statement of Values	7	Case Study 4	16
Our Vision	7	World Mental Health Day Event 2013	17
Our Objectives	7	Multilingual Wellbeing Service (MWS)	17
Fundraising Strategy	7	Youth Activities	18
Donations	8	Girls group	18
London Legal Support Sponsored Walk	8	North London Global Gathering:	18
Advice	9	Fun activities	19
Outreach advice clinics	9	Mitzvah Day Visit	20
Health work	9	A Visit By Our Local MP	20
Health Promotion Workshops	10	End of Year Party 2013	21
Health Access Workshops	10	Volunteering	22
Case Study 1	10	Our Volunteers	23
Meeting our targets	11	BRS Volunteering Award Party 2014	23
Refugee Awareness Training	11	Financial Information	24
Case Study 2	11	Partnership Organisations	25
Where our clients come from?	12		

Messages

A Message From Our Patron



Children pick up a new language and habits so quickly that it is easy to only see the smiling, integrated young person on the surface.

Refugee children and the children born to refugees often carry a huge burden in their family life. They and or their parents may have been

victims of , or witnesses to persecution and abuse.

As the children are the quickest to learn how to communicate and to understand our society, they often have to act as the family's interpreter and the bridge to the wider community. This can lead to totally inappropriate situations such as interpreting on matters of health.

In November 2013 I was invited to BRS to unveil a mosaic plaque made and dedicated to the Service by pupils of Michael Sobell Sinai School on Mitzvah Day. I was moved to tears when I heard the children reciting poems about refugees' experiences. It is moving to have Jewish children writing and speaking with such eloquence about why refugees are important to the country and

should be made to feel welcome.

My visit reminded me that the children are our hope for the future and that greater awareness and understanding between them is so vital.

As a patron of Barnet Refugee Service, I would like to congratulate all the staff and volunteers for their wonderful dedication and hard work. They should be proud of all they have achieved, just as I am proud to be their patron.

"Refugee children and the children born to refugees often carry a huge burden in their family life."

"I was moved to tears when I heard the children reciting poems about refugees' experiences."

Messages

Foreword From The Trustees

In this fast changing world, man's inhumanity and intolerance to man remains as one regrettable constant. In this last year so many have had to flee from their homelands and a small proportion will find their way to this country.

The urgent need for the advice and support that Barnet Refugee Service offers, far exceeds our resources. There are no shortcuts in aiding a refugee towards a new life. Time and patience are essential to enable some of the scars, both literal and metaphorical, to be cured.

The widespread austerity measures of recent years have led to the reduction or elimination of services for refugees provided by organisations complementary to ours. This has put a huge additional burden on to our already overstretched team. The tireless dedication of our outstanding staff and volunteers, so ably led by our Director Dr Nazee Akbari, is enormously appreciated by the trustees. They have worked with enthusiasm and professionalism throughout this difficult year and have helped change and improve the lives of many of our refugee clients. Special congratulations are also due to Nazee for completing her studies for her Ph.D. in 'Counselling and Psychotherapy' during the year.

Thanks are due to our many and generous funders and supporters. Without you nothing we do would be possible.

The Board of Trustees

Message From The Director

Once again it is my pleasure to present our Annual Report. Now in its 9th year as an independent charity, Barnet Refugee Service has continued to meet the challenge of providing a professional, accessible and supportive service for refugees and asylum seekers in our community. This would have been impossible without the continuing support of our friends, volunteer workers, donors and funders, for which we are most grateful.

This year, like all other organizations working with this client group, has had its challenges and difficulties, but also has been generally successful. Despite all our achievements, we remain anything but complacent. There are evidently a decrease in funding opportunities and drop off in new grants, charitable trust funding and the traditional local charitable bodies that BRS has successfully targeted in previous years. We are therefore re-doubling our efforts to identify new funding opportunities and partnerships. I am greatly indebted to the funders who have supported us now for a number of years, and also to the other funders listed at the end of this report who have supported BRS this year.

BRS's effectiveness is a tribute to its very highly skilled and committed staff and volunteers. We are proud of the tremendous care and commitment they all provide and wish to acknowledge them all for that dedication.

I would also like to thank all supporters and friends of BRS who give donations and help us in achieving our aims. I particularly would like to express my gratitude to those who have asked their friends and family to donate to BRS for birthdays or other occasions.

I would particularly like to express my deep gratitude to our Treasurer, Ponusamy Karunaharan, who has been a body of such strength to me during past few challenging years and for his endless enthusiasm to continue his kind and active support.

Last but not least, my deep-felt appreciation goes to the Board of Trustees and the Management Committee who have given me and the team ongoing support and motivation. Their presence has ensured the continuing provision of an proficient, transparent and accountable service to those who seek our help, allowing us to meet the goals that we originally set for our organization.

Nazee Akbari
Director



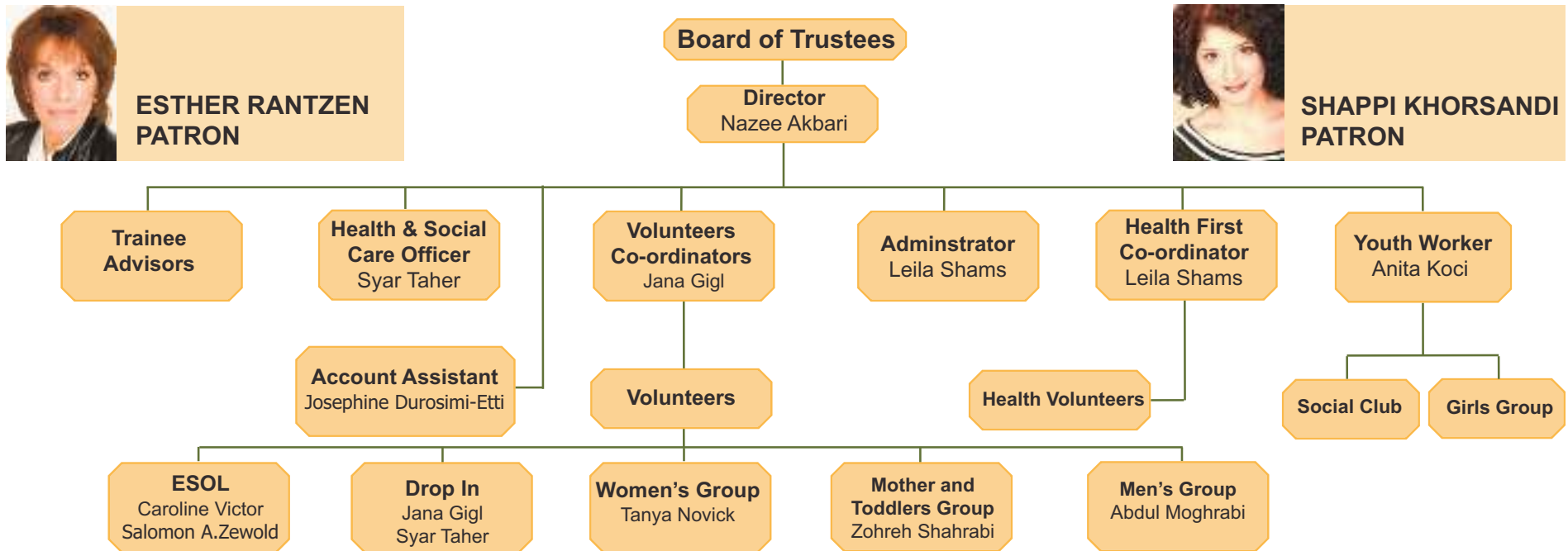
Organisational Chart



Trustees Serving in 2013/14 Were:

- Simeon Galpert (Chair)
- Ponusamy Karunaharan (Treasurer)
- David Levey (Secretary)
- Peter Salomon
- Roger Selby
- Shubhi Raymond
- Zoe Aslanpour
- Tanya Novick

*Board of Trustees: from left sitting Shubhi Raymond, Tanya Novick, Zoe Aslanpour
From left standing: Peter Salomon, David Levey, Ponusamy Karuaharan, Roger Selby, Simeon Galpert*



Our Staff



Nazee Akbari
Director



Syar Taher
Refugee Adviser
Health, Housing and Welfare
Benefits



Jana Gigl
Volunteering Development
Coordinator



Leila Shams
Administrator & Health First
Volunteering Coordinator



Anita Koci
Refugee Youth Worker



Caroline Victor
Volunteer ESOL Coordinator
(Started January 2014)



Abdul Moghrabi
Volunteer Men's Group
Coordinator



Tanya Novick
Volunteer Women's Group
Coordinator



Zohreh Shahrabi
Volunteer Mums & Tots Group
Coordinator



Josephine Durosimi-Etti
Volunteer Finance Worker &
Acting Volunteering Coordinator



Salomon Amare Zewold
Volunteer ESOL Coordinator
(Left Dec 2013)

Goodbye to Syar Taher



It is with mixed feelings that we had to say farewell to Syar Taher, our Health and Social Care Advisor who worked for BRS for nearly 10 years. A feeling of sadness to see him go, and yet happiness to see Syar extending his life opportunities and career boundaries in Italy.

We had the fortunate opportunity to see Syar grow over the years into the most valuable member of our team who worked tirelessly to support our clients. Most of us who have worked with Syar agree that his calm and patient attitude as well as his passion for human rights made him a conscientious, professional and hard-working individual who always went the extra mile to support the vulnerable people. Syar's outgoing, warm and friendly personality and his sense of humour helped to create a pleasant environment to work in, for all of us. His contributions have been a great benefit to BRS and, undeniably, he will be deeply missed here. On behalf of the Board of Trustees, colleagues and the most importantly our clients, we would like to thank Syar for the dedication, enthusiasm and team spirit he maintained over the years and wish him best of luck for the years to come.



Director's Report

Annual Report for the year 2013-14

This document accompanies the Annual Accounts, copies of which are available on request.

Introduction

Barnet Refugee Service is situated at:
8th Floor, Hyde House
The Hyde
London NW9 6LH

Telephone 020 8905 9002

Fax 020 8905 9003

Email: advice@b-r-s.org.uk

Website: www.b-r-s.org.uk

Registered Charity: 1107965

Company Ltd by Guarantee: 5243595

Incorporated as company September 2004

Our Memorandum and Articles of Association are available for inspection at our office.

Financial Statement

A summary of our audited accounts for the year ending 31st March 2014 can be found on page 24. The Board of Trustees are satisfied with the performance of the charity during the year and the position at 31 March 2014 and consider that the charity is in a position to continue its activities during the coming year, and that the charity's assets are adequate to fulfill its obligations.

It is the policy of the Trustees that reserves to cover three months operating costs plus potential redundancy liabilities be built as soon as is practically possible. The minimum reserves will be two months operating costs.

Current Funding

Funds from the following funders were received during the year and have been utilised towards achieving our aims:

- **NHS Barnet/Barnet Council**
To cover the salary of the Refugee Specialist Health Adviser and half of the Director's posts plus a proportion of the running costs
- **The City Bridge Trust**, Towards the costs of our Volunteering Development Program
- **The Milly Apthorp Charitable Trust** Towards the costs of our Refugee Youth Worker
- **The Hilden Charitable Fund**, Towards the costs of our Women's Group Jasmine
- **The John Lyon's Charity**, Towards Youth Activities
- **Help a Capital Child**, Towards the costs of our Youth Social Club
- **The Grahame Park Small Grant**, Towards the Youth Social Club
- **Health & Social Care Volunteering Fund**, Towards our Health First Project

Our History

Barnet Refugee Service is a charitable organisation formed by the merging of two projects established in 1997; the Refugee Health Access Project and Homeless Action in Barnet - Asylum Seekers Project. Barnet Refugee Service has been an independent charity since April 2005.

Our Ethos

BRS, an independent charity since April 2005, works in partnership with individuals and agencies to improve the quality of life and promote the physical, social and mental well-being of asylum seekers and refugees who live, work or study in or near the London Borough of Barnet and neighbouring boroughs. At the core of service delivery is its belief in the positive contribution refugees and asylum seekers can make within a culturally and ethnically diverse society. BRS is committed to involving asylum seekers and refugees in the planning, decision making and activities of the charity, believing this is the best way to achieve its aims.

Statement of Values

Barnet Refugee Service believes that everyone is born equal and that asylum is a fundamental human right. We recognise that many people in our society experience discrimination or lack of opportunity for reasons which are not fair. These include: race, religion, creed, colour, national and ethnic origin, immigration status, political beliefs, gender, sexual orientation, age, disability (including mental illness), HIV status, marital status, responsibility for dependants, appearance, geographical area, social class, income level or criminal record. Barnet Refugee Service will challenge discrimination and lack of opportunity in its own policy and practice and will help other organisations and individuals to do the same.

Barnet Refugee Service aims to create a culture that respects and values each others' differences and sees these differences as an asset to our work as they improve our ability to meet the needs of the organisations and people we serve.

Our Vision:

Through its work BRS envisages:

1. A future where Refugees and Asylum seekers recognize themselves and are recognized by others as human beings of equal status in society.
2. A greater understanding and positive image in the wider community of the contribution made by refugees and asylum seekers and the issues which they have to deal with.
3. Quicker and greater integration of refugees and asylum seekers through access to improved services particularly in health, housing, education and employment.
4. Greater understanding among refugees and asylum seekers of their rights and responsibilities.
5. A well established and accessible Barnet Refugee Service, working impartially in partnership with other relevant organisations to identify and meet the changing needs of refugees and asylum seekers.
6. Enabling a fuller contribution of refugees to civic life through the promotion of social cohesion.
7. Local policies and services which reflect the needs of diverse asylum seeker and refugee communities.
8. A more powerful voice for refugees and asylum seekers in Barnet and neighbouring boroughs.

Our Objectives

1. To provide information, advice and support services to asylum-seekers and refugees
2. To help promote equality of access to health care, social care, housing, legal representation, education and training for asylum seekers and refugees.
3. To provide and enhance educational and employment opportunities available for asylum seekers and refugees.
4. To increase awareness of the needs, rights and entitlements of asylum seekers and refugees in relation to health, social care, housing, training, education and employment.
5. To act as an information resource for statutory agencies, voluntary or organisations and the wider community.
6. To ensure that service providers deliver culturally sensitive and appropriate services to asylum seekers and refugees.
7. To assist destitute and/or homeless refugees and asylum seekers to access emergency food and support.
8. To help refugees and asylum seekers overcome isolation and regain their confidence and self esteem through social activities and structured projects thus enabling them to integrate into society.
9. To significantly influence local and national strategies and policies with regard to refugees and asylum seekers.
10. To provide volunteering opportunities for refugees and asylum seekers (including young people) to develop their skills and help them to access higher education and employment.
11. To provide emotional and social activities to young refugees and asylum seekers to develop their confidence and skills.

Fundraising Strategy

The Board of Trustees have established a Funding and Finance Strategy Committee who develop and monitor the progress of their fundraising strategy. It is the aim of BRS to meet its funding needs through several funding bodies.

Our community fundraising committee works hard to maintain the funding stream through donations from members, local businesses and organizations and the general public.

Director's Report

Our Fundraising in 2014/15 will focus on securing funds to make Volunteer Development Coordinator role into a full time position and recruit an additional part time advisor. We will seek funding for the continuation of our Refugee Youth Worker's post and develop our youth activities further focusing on projects supporting emotional wellbeing of young refugees. We will take part in partnership bids to expand our services.

Donations

We received over £35193 (including Gift Aid) cash donations from many individuals, organisations and faith groups. We particularly would like to thank one of our supporters who made a generous anonymous donation of £25000 towards our running costs. We also thank our dedicated volunteers for their the hard work who raised over £2500 through LLST Sponsored Walk.

We cannot name the countless individuals and organisations who have given their generous support in so many ways. Without their goodwill we would be unable to provide our vital emergency support. We would particularly like to thank North Western Reform Synagogue for their appeal for both money and gifts in kind during past year. A special thanks goes to Kol Nefesh Masorti Synagogue for their kind donation towards our women's group activities.

During the year food was donated from numerous churches and temple. We continued our emergency support Drop In to destitute asylum seekers from our office. The food parcel was given out either from our our donated goods or through Food Bank. It was not practical to value these vital donations but we believe the retail value to be in excess of £5000. During the year, second hand clothes and baby equipment were provided by many donors with a probable value in excess of £3,000. For our end of year party we were donated many gifts from various sources and for the 5th year running we received a massive donation of brand new stationery as gifts for children from the Fila-Dixon Group.



London Legal Support Sponsored Walk

The London Legal Walk 2013 took place on Monday 20th May and was a huge success. It raised £530,000 and over 7,500 walkers took part from 482 teams.

Once again Barnet Refugee Service joined this 10 kilometres walk and with 12 walkers supporting BRS managed to raise over £2500. It was a brilliant achievement during a time when all talk was of spending cuts, higher taxes and general gloom. The fund raised by our walkers went directly to BRS and made a significant contribution to our vital advice service for our clients who have fled persecution and seek asylum and a chance to rebuild their shattered lives.

Our special thanks go to the walkers and most importantly all the sponsors who generously sponsored our walkers to raise fund for this important cause.

Director's Report



Advice

We provide advice, information and support to refugees and asylum seekers on a variety of issues, promoting equal access to services, particularly health. We have seen 789 clients which include 140 new clients and we have handled over 5000 enquiries including 1522 cases during the last year. (Please see charts on page 12). We maintained strong links with other advice providers with whom we cross refer. We continued offering services to our clients through immigration advice surgery, housing and specialist welfare benefits advice surgery, at our base at Hyde House. We also work in partnership with partner solicitors to see the clients in our office. The service is provided by Protection of Human Rights Law.

We also started our partnership with The Stonewall Housing which is a specialist lesbian, gay, bisexual and transgender (LGBT) housing advice and support provider in England where one of their advisors ran a monthly Drop In at our office.

Outreach advice clinics

Our team of advice workers offer outreach clinics in 4 locations across the boroughs of Barnet.

- Advice and Information Centre, Edgware Community Hospital on Tuesday afternoons.
- Barnet College, Grahame Park Campus Fridays.
- Edgware Community Hospital, Refugee clinic on Friday afternoons
- Barnfield Children Centre - Burnt Oak

Health work

Much of our work is directly health focused such as the advice work where we saw clients with over 900 health related enquiries. Our health focused activities include:

- Health access and Health promotion workshops for our clients.
- Policy work with PCT: actively involved with CAMHS policy and strategy planning with regards to young refugees, policy work round using interpreters.
- Carrying out an annual Health Access Survey in conjunction with NHS Barnet Community Engagement Program.
- Developing our mental health support project supporting young refugees
- Mothers & Toddlers Group to promote Healthy Life Style by health promotion workshops.
- Production of an illustrated handbook for Maternity Dept by our ESOL teachers for mothers with limited or no English
- Running ESOL classes with emphasis on vocabulary for visiting the doctor and health related subjects.
- Health promotion workshops for young refugees through our youth activities.
- Being a Board member of Multilingual Wellbeing Service, in partnership with 3 other organisations and NHS Barnet focusing on better wellbeing of ethnic minorities in Barnet.
- 4 outreach surgeries across the borough with 2 based at Edgware Hospital.
- Fully participated in Barnet Mental Health Partner-

ship Board meeting and other similar network meetings i.e. Mental Health Network meeting, or Multicultural Network meeting

- Policy work with NHS: Acting as an external auditor of the NHS North Central London Equality Impact Analysis (EQIA) Audit group. Focusing on our client group our views and opinions will help NHS North Central London deliver equitable commissioning and help to meet our public sector equality duties.
- Organised a focus group for NHS Barnet to consult with our clients to understand why individuals choose to receive their treatment in a variety of settings.

In addition to the above BRS has been actively involved with NHS Barnet's different activities to promote better health within the community i.e. Flu jab etc. We are a resource to be drawn upon by health professionals to support them in their roles and help ensure NHS Barnet continues to provide appropriate services. Through the partnership work we do with NHS Barnet such as the PPI Diversity workgroup and the Mental Health Network, we aim to assist in looking at how services can be improved.

We were closely involved in policy work around provision of counselling and psychotherapy services for refugees and asylum seekers including young refugees. By working in partnership with Refugee Women Association we attracted 2.5 years funding from Health and Social Care Volunteering Fund for a project that aims to provide 16 walking therapy sessions and 16 workshops on food and nutrition for our clients. We also provide series of therapeutic weekly activities to refugee women with mental health problems, victims of Domestic Violence, torture and rape in partnership with artsdepot through our Women's Group, Jasmine. Music therapy, art &

Director's Report

craft, poetry, dance etc are few examples. We train volunteers to be trained as smoking cessation advisors. The same volunteers provide one to one support to our clients or organised stop smoking workshops. Each client who has been visiting our office was given a leaflet about stop smoking services.

We have been liaising and worked with service providers, in particular health professionals, statutory and voluntary sector staff to raise awareness about the physical and mental health needs of asylum seekers and refugees. In the past we used to provide training for service providers on refugee health issues but this year, due to cuts and shortage of staff we did not feel the demand was there. Instead we redesigned our training program and instead attending different network meetings and used the opportunity to talk about our clients and their needs. We provided 3 refugee awareness talks to our local schools in their assemblies, attended leaving care team meetings and had one to one meetings with those who were willing to know more about refugee issues.

Health Promotion Workshops

During the past year we delivered 14 health promotion workshops which included Mental Wellbeing, Women's Health, Healthy Eating, Men's Health, Breast Awareness, Stroke Awareness, Importance of Vaccination and Smoking Cessation. We also provided health focused workshops for our young people at our social club on Drug Abuse and Sexual Health.

Health Access Workshops

We are performing an essential link between NHS Barnet, refugees and asylum seekers in Barnet through our workshops and user group and as a patient representative, helping to increase understanding and raise awareness amongst health professionals of refugees' needs and issues and amongst refugees of their rights to health and their responsibilities in using the services. BRS gave 12 health talks to refugees and asylum seekers. These included talks to classes of ESOL students at Barnet College different sites (over 250 students in total), other refugee organisations and our own projects.

The aim of these health talks is to ensure our client group is using health services adequately and appropriately. It covers the common services available, how to access them, what to do in an emergency or at the weekend or evening.

At these talks it was stressed how this information should be passed around to all friends and family and a resource pack including information on local services was distributed.

"I found the workshops very useful, I understand how to use health system now!"

Case Study 1

Mrs. R is a refugee from Somalia, she has been living in this country for the past 3 years and obtained her refugee status immediately after arriving in the UK.

Mrs. R is suffering from multiple psychical and psychological health problems including severe depression and PTSD due to her experiencing imprisonment and torture in her country.

Due to lack of understanding the system in this country and inability to speak English Mrs. R was unable to access her rights, was very isolated suffering in silence.

We referred her to receive counselling to get help with her psychological problems. We also helped Mrs. R to get registered with a local GP where we managed to obtain supporting letters and reports to help her to apply for Disability Living Allowance. We helped her to apply for freedom pass which enabled her to break the isolation cycle by getting out and travel around more often. She also started attending our ESOL classes and was referred to our Jasmine women's group.

Mrs. R repeatedly told us " *BRS saved my life, I received the best service ever, I managed to slightly regaining my confidence and met new friends at Jasmine. I do not know what would have happened to me if BRS did not exist?*"

Director's Report

Meeting our targets

We have met or exceeded all of the targets agreed with our funders which include:

- 789 clients accessing our services with 140 new clients
- 5000 advice/general enquiries
- 250 client visits to emergency support drop in services
- 6 training sessions to statutory agencies and refugees/RCOs including:
- 12 health promotion workshops
- 14 workshops on accessing health, housing and welfare benefits
- 280 clients accessed our service through outreach surgeries
- 42 users accessed employment and volunteering opportunities
- Over 45 women registered our Jasmine in partnership with Arts Depot
- Over 200 young people involved with our successful Youth Work projects
- 89 clients attended our Immigration Drop in with visiting solicitors
- 52 clients attended our Housing Drop in with visiting solicitors
- Successful ESOL provision including 35 health related Lessons
- Successful Mothers & Toddlers Group
- In house legal advice in partnership with Protection of Human Rights Law solicitors.

Refugee Awareness Training

This is a central part of our strategy to ensure that appropriate and accessible services are provided to refugees and asylum seekers in Barnet and that professionals from those service providers know how to best help them. In an environment of media hostility it is even more important that we are able to deliver this training to front line providers to put asylum seekers' needs, rights and entitlements into context.

The course covers the health and other needs refugees and asylum seekers have and ensuring that health professionals and other service providers are able to respond appropriately to the specific issues of this vulnerable client group whilst understanding the rights and entitlements they have.

In House Training: We are able to draw on our existing courses and extensive expertise, to develop courses that cater for organisations with specific training requirements. We discuss their areas of interest and the skills requirements of their staff with our expert trainers, who will be able to pinpoint their needs and define a solution. Up to 20 staff can be trained at one time, at a location of your choice. It is particularly useful for organisations with a regular intake of new staff, with similar levels of experience or training needs, or organisations with offices throughout the country who wish to draw their staff together for training at a central location.

Case Study 2



David Bier
Volunteer Advisor

I joined as a Volunteer Advocate in January 2014, and I try to assist the people we help to communicate with the Home Office, Immigration Service, their housing managers and others who make decisions which affect them. Phoning the authorities and completing application forms on the computer and in writing is so daunting and overwhelming when English does not come easily – it would be hard for us if we found ourselves trying to cope in an unfamiliar setting. I grew up in London, the son of refugees accepted by England in the 'thirties. Remembering our own individual and collective roots helps us to be aware that many of us have faced times when we felt isolated, under stress and at risk. Especially in the current economic and political times, it is good to make a small amount of difference. The staff and other volunteers impress me by being concerned, enthusiastic, effective and informal, and they really do manage to put the client first.

It's a privilege to help at BRS. I feel that despite all the pressures it faces, BRS manages to 'punch well above its weight' and deserves continuing support in all it does on behalf of asylum seekers.

ESOL Classes

English language support is key to refugees playing a full part in UK life. Unlike many other migrants, refugees do not have to meet English language requirements before arrival. Facing persecution, refugees are forced to leave their country to seek protection under the 1951 UN Refugee Convention. Many refugees do not have any control over the country in which they find this safety. Some refugees, for example from Zimbabwe, are likely to already speak English fluently. However, for many arriving in the UK will mean having to cope with a new language, along with a very different society, job market and wider culture.

We managed to run our ESOL classes as normal during the past year. With the new co-ordinator tak-



ing over in January 2014, this has proved to be quite an eventful year for ESOL, not least because it has heralded the move from St Mathias Church in Colindale to brand new premises at Hyde House. Here, we have been able to run ESOL classes at three levels, with each teacher providing three hours' tuition a week. We have been able to recruit new teachers both on a regular and ad-hoc basis and have added

to our team of helpers as well.

Student numbers have increased since the beginning of the year with a waiting list for some classes as students progress to the next ESOL level.

We continued providing ESOL classes for our Mother and Toddler group at the Hyde Children's Centre and continued the excellent work of our previous volunteer ESOL teachers. We are pleased to report that we set up a new ESOL programme in partnership with the Parkfield Children Centre. This Mother and Toddler group also provides a safe place for parents to have ESOL classes whilst their children are looked after in the crèche and we are gradually establishing solid foundations here too.



In addition to our weekly classes we have had a few new initiatives this year. We provided a 12 weeks ESOL program for women in partnership with Refugee Women's Association. The women received their travelling expenses, and with the crèche available they managed to gain qualification by sitting for an exam at the end of this programme. In early June we had a visit from Fiona Heffernan from Brent

libraries. She told the students about all the services available in the borough, which are also open to Barnet residents and left us with literature and application forms for the students to complete. This builds on the excellent work done by Kathryn Salomon in Class 1 to encourage her students to join their local library and become regular library users along with their children.

We are extremely grateful for the commitment of all our teachers and helpers who add so much to the lives of the students. They not only give them the language tools to become more independent, but help them in so many other ways to make their lives better. Our special thanks go to Solomon Zewold and Caroline Victor for coordinating our ESOL program.



*Some Members of Our ESOL Team:
From left standing: Rosemary Biseo, Anne Perez, Helen Stone, Caroline Victor (coordinator).
From left sitting Ros Staines, Elizabeth Perrot.*

Women's Group (Jasmine)



The BRS Women's Group continues to meet in partnership with artsdepot. The group is based at the artsdepot and meets on Tuesdays to participate in the arts programme lead by Poppy Szaybo.

The attendance has been an average of about 15 participants each week from a "pool" of 50, from 11 different countries, including Iran, the Congo, Eritrea, Turkey (Kurdish,) Zimbabwe, Kosovo. Newcomers have come via friends from within the group, but referrals are also received from outside agencies & from BRS. In the sessions, focusing on mental health needs of our women, we continued concentrating on their English, spoken & written as well. This was by playing word games – our equivalent of hangman, crosswords etc – based on recent outings etc. We also play board games for fun but also to improve English – Scrabble, Boggle etc.

During the past year we visited museums & art galleries, eg Tate Modern, Victoria & Albert, Mall Galleries, Geffrye Museum usually having a workshop there followed up by activities back at the artsdepot based on the recent visit.

Jasmine recently participated in a 7 week drama project at the artsdepot. Together with performance artist Natasha Davis, our women from the Jasmine Group, explored life as a choreography of decades, in search of what's at stake as we move from one decade to another. Film, installations, crowds, cages and electric shocks came together to create this poetic and sensual performance called Internal Terrains. Over 7 weeks our women from refugee and asylum seeking backgrounds generously shared their stories and worked with Natasha to translate them into visual metaphors around body, memory and identity.

We have had Health workshops in conjunction with the Multi-lingual Wellbeing service on different aspects of mental & physical health eg stress management, depression, healthy eating, stroke, breast cancer, diabetes, dementia. This has proved most valuable.

We are grateful to the Hilden Trust for their continued funding. The Jasmine group was also delighted to receive a generous donation from Kol Nefesh Masorti Synagogue. We would also like to thank Yarok (greengrocer) & Orli Café, both of Edgware who supply Jasmine with fruit, bread & cakes to help the sessions go well.



Job Club

Our Job club is now running for the second year. Most of our clients attending are from Iraq, Iran, Afghanistan, India, and Somalia. The majority of our clients are highly educated and have been professionals in their home countries. We support them in the various ways to get integrated into the work force, for example explaining what volunteering means and how important work placements are as well as finding such opportunities. We also make referrals to ESOL classes and other suitable courses. Furthermore we help clients to formulate their previous experiences on to a CV format tailored made to match jobs in the UK and explain what companies are looking for and how best to go about it.

Feedback has shown great improvement in CV writing and some of our Job Club clients have been invited to attend job interviews.

We are very hopeful that more progress will be made. Currently we are exploring the possibility of working with local businesses in the area to assist our clients with work placements.

Director's Report

“Little Treasures” Mothers' and Toddlers' Group

The Monday morning Mother and Toddler group at The Hyde Children's Centre continues to attract mothers with under-school age children who are keen to improve their English. Most of the currently attending Mums are from Afghanistan. Some of the students can read and/or write in their home language. Others may have a few words of spoken English, but need help with the basics of reading and writing. Barnet Refugee Service provides two volunteer teachers for these weekly sessions, A further two volunteers keep the children busy and happy while their mothers study.

During the 10 am- 11.30 sessions, teachers choose topics that are relevant to everyday life in Britain (“Safety in the kitchen”, for instance, or asking for and giving directions). New learners may initially be shy and reluctant to join in, but the group are welcoming, and they soon integrate. Teachers encourage students to supplement their learning by joining their local library, or by watching and listening to programmes in English. All the learners are given appropriate hand-outs and homework. At the end of each session mothers, children and volunteers share a snack of juice and fresh fruit. During the past year series of health workshops was provided as well as outdoor healthy walk sessions.



Case Study 3



Zohreh Shahrabi
Mum's and Tot's Volunteer
Co-ordinator

When I moved to London I had lots of problems with my ex - husband , my son and my new situation. I was so scared to be in this new environment as I did not know London and had no friends or relatives. I was suffering from severe depression. one of my friends told me about BRS, I visited their website and applied for a volunteer position. I started to work in Mum & Toddlers Group and coordinated this group for a while. I also helped out with office admin and interpreted for the advisors if needed. BRS helped me with my practical issues and also organised emotional support for me through counselling. I feel BRS helped me a lot to get back to my normal life. I have sorted my problems and regained my confidence.

BRS has got a fantastic atmosphere, everybody works whole heartedly. Staff do their best to help and support every body , they believe in human rights, they provide their kind support to people regardless of their color and background. BRS has supported me to look for employment and was there to help me to find my lost self.

I am very lucky to work in this organisation and I look forward to continue working for BRS.



Men's Breakfast Club

Our men's group continued to provide an opportunity for men to get together every week and socialise while enjoying a healthy breakfast. As well as weekly gathering the group managed to go on two excursions during the past year. They went to watch a movie as well as visiting the Royal Air force Museum in Colindale.

The coordinator of this group, Mr. Abdul Moghrabi, says: “We in the Men's Group like to give. We give warm welcomes to our clients; currently we have nine men regularly attending. We also friendly hugs, delicious breakfast, tea and coffee. We give our clients newspapers about local, national and international news. We also try to support our clients with the problems they are facing in their daily life. If we in the group are not able to help we refer them to the BRS office where experts will help. At the Men's Group, for all that we give we receive a return and that is when we hear our clients saying THANK YOU to us.”

Our special thanks go to the Pret a Manger and Lola's Cupcakes at Brent Cross for enabling us to give out food parcels, containing, sandwiches, bread and cakes on a weekly basis.

Director's Report

Health First Volunteering Project



We continued our successful program, Health First Project, in partnership with Refugee Women's Association. Focusing to increase our volunteering force, we managed to provide 12 health focused workshops and 8 outdoor healthy walks. In order to develop more health focused activities and encourage more participation we planned our activities in consultations with volunteers and clients where Yoga and aerobic sessions were suggested. Led by volunteers, this program also delivered series of Healthy Food and Nutrition workshops to support good physical and mental health of our clients during the past year. Our special thanks go to Health & Social Care Volunteering Fund for their financial support.



Case Study 4



Caroline Victor
Volunteer ESOL Coordinator

I joined BRS in late January, having taught ESOL for about 12 years, I had worked mainly in further education colleges and, despite enjoying the teaching, was becoming frustrated with the bureaucracy.

In December 2013 I finally took the plunge and decided to leave the college at which I had been working for seven years, most recently teaching ESOL to 16-18-year-old students. I didn't know exactly what the future would bring, but was interested in continuing my work with refugees and asylum teachers in some capacity.

When I saw the advertisement for a volunteer ESOL co-ordinator at BRS I instantly applied. The post sounded interesting and seemed a good way of getting some experience in the voluntary sector, whilst also using some of my ESOL background.

As soon as I came for the interview I felt that this was a place where I'd like to work. After a discussion with the Volunteers Coordinator and an interview with the Director it was agreed that I would take up the co-ordinating post straight away. In addition, an ESOL teacher was required for a course teaching refugee women at BRS and so I started both jobs at the end of January 2014.

Being on-site three days a week has been invaluable in helping me meet the volunteer ESOL teachers and helpers and get to grips with the different classes both at BRS and at our mother and toddler groups which provide ESOL tuition and childcare for those unable to attend BRS.

The co-ordinating role has been involving, interesting and challenging at times but, with the amazing support of the volunteer ESOL teachers and all the other staff I have encountered at BRS it has been a brilliant experience.

BRS is an exceptional place to work. It is a truly inclusive working environment where everyone's contribution is valued. Everyone who works at BRS seems to feel part of a special community and, whether it be exchanging recipes and cooking techniques with colleagues and students or getting involved in fund-raising projects, I have gained a huge amount from being part of such a warm and welcoming organisation.

Director's Report

World Mental Health Day Event 2013



Once again, BRS alongside 20 other organisations from the statutory, voluntary and community sector came together to be holding a number of events to celebrate World Mental Health Day 2013. Coordinated by Multilingual Wellbeing Service, this event was jointly organised by voluntary organisations, Barnet Enfield and Haringey Mental Health Trust and Barnet Local Authority. A series of road shows was held throughout the week in the lead up to a main event on Thursday 10 October 2013. The main event was a day of free activities where members of the public, patients and carers interested in finding out more about mental health, were treated to a host of fun and free activities including art therapy, African drumming, drama performances and live music at Greek Cypriot Centre. Physical activities including Zumba and yoga was also available as well as workshops on stress relief, confidence building and debt management.

The highlight of the day was a drama written, directed and performed by the young people from the Challenge Network who had set up a campaign raising awareness against the issue of glamorising self-harm and mental health issues amongst young people with the slogan of PAIN IS NOT BEAUTY.

Multilingual Wellbeing Service (MWS)



We continued our participation in The consortium MWS. As a founding partner together with Afghan Association Paiwand, Chinese Mental Health Association and Farsophone Association this consortium was set up in response to the needs identified by the individual partner organisations and the Community Development Workers in Barnet, in close collaboration with NHS Barnet. The aim of this project is to improve the mental health of BMER communities in Barnet.

Funded by Big Lottery Fund MWS managed to provide series of health related workshops, mental health advocacy service, one to one counselling as well as volunteering opportunities for Peer mental health advocates during the past year. As a separate legal entity and registered charity, this consortium managed to sign a service level agreement with NHS Barnet Improvement to Psychological Services (IAPT) to provide counselling in mother tongue language for farsi speakers who are suffering from mental health problems.



Youth Activities



Young people matter today and are our future, so our youth work activities are a vital and very successful part of our organisation.

Throughout 2013/14 we continued to provide one to one and group advice, support, group activities and ultimately helping young refugees emotional and social developments in an informal setting but through educational processes, mostly in borough of Barnet and neighbouring boroughs as well.

Positive approach to collaboration (partnership) with other organisation statutory or non statutory is key to our work, where resources are limited and services are being outsourced. We worked in partnership with Paiwand Afghan Association, Refugee Youth Project, Whitefield School, Grahame Park Youth Centre, Children Services, Community Focus.

Our aim is to provide an opportunity for learning which complements that of formal education, also preparing young refugees to tackle a whole spectrum of issues, and through group work (activities) help them develop supportive relationships with other young people, and opening their eyes to new experiences, confidence building, ambitions and empathy.

Girls Group

Due to the fact that high number of refugee children are attending Whitefield school, BRS agreed to work in partnership with the school to set up a girls group project there.

Girls group is a year programme encouraging young girls ages 12-16 year old to grow in confidence through having a little time, each



Tuesday after school, just to be girls, to do what they want to do and talk about what they want to talk about.

The group has chosen to undertake some health, beauty and particularly popular with this group is arts and crafts activities. We engage in cookery sessions, mosaic making with local artist, t-shirt painting, glass painting, henna just to mention few.

We also talk about friendship, peer pressure, feelings, exploitation, grooming, health and mental health risk and where to get help.

The girls group meets at Whitefield school every Tuesdays.

North London Global Gathering

BRS in partnership with Paiwand Afghan Association jointly for the past seven years continued to provide activities for young refugees.

This is a mixed group (boys and girls) aged 12-18 years old that meets every Wednesday afternoon

at Grahame Park Youth Centre in Colindale.

These young people are amongst the most vulnerable and challenging in borough of Barnet, also being new in the country a lot of them have poor social skills and struggle with basics.

Through our activities, we enable young people to develop their voice, influence, build confidence and place in the society while reaching their full potential. With the financial support of the John Lyons Charitable Trust, Grahame Park Small Grant and Help a Capital Child we have been able to continue providing youth activities to young people.

We offer variety of activities starting from football, basketball, tennis, table tennis, Badmington, dancing sessions, cookery sessions, singing and arts and crafts., computer sessions.

Grahame Park Global Gathering remained open throughout the summer 2013 and organised some of the most amazing outings: London Dungeon, bowling, camping, horse riding, cinema, water park, barbecue etc.



Youth Activities

Fun activities

BRS in partnership with Paiwand Afghan Association organised several outings for young people, most of our outdoor activities took place during the summer holiday.

Every week we had different activities planned, where 20-25 young people took part.

Our activities included bowling at Hollywood bowl in Finchley as well as cinema viewing London dungeon was one of our young people's favourite, more than 20 young people took part and thoroughly enjoyed the experience.

Moat mount is a 110 hectare park and nature reserve in Mill Hill, London Borough of Barnet and is the place where we organised a range of activities, including camping, archery, nature trails, team building and orienteering.

Horse riding was another activity that was very welcomed by our young people. We went to the most beautiful horse riding school in Barnet, that was set in an area of calm and tranquility. Around 25 young people took part in 2 hour horse riding lesson and were taught how to interact with the horse and also the basics of riding and handling. Very interesting and enjoyable experience were young peoples comments.

Alexandra Palace in London, is the most beautiful building and is surrounded by magical greenery, it's also the preferred place of our young people for ice skating. The bus was organised for transport to and back from the venue. Very enjoyable experience every time.



Director's Report

Mitzvah Day Visit

Our Patron Esther Rantzen was moved to tears as Michael Sobell Sinai School pupils presented a hand-made mosaic plaque to BRS as part of the Mitzvah Day activities on 15th November 2013. Mitzvah Day, a creation of the London-based Jewish charity of the same name, encourages people of all faiths to do their bit for the community and take on some voluntary work for the day. Children recited poems and speeches they had composed for Mitzvah Day, before the metre-long hand made plaque, which was inscribed: "Hope, love, safe and home." was unveiled by Esther Eantze at BRS.

This beautiful piece of work is hung in our reception. We were particularly moved to have Jewish children writing and speaking with such eloquence about why refugees are important to a country and should be made to feel welcome.

It was a wonderful gesture and we would like to thank Michael Sobell Sinal School for their kind support.



A Visit By Our Local MP

We had a visit from Mike Freer, MP for the constituency of Finchley and Golders Green on 25th September to talk through some of the issues affecting the position of refugees locally. Mike was interested to hear the stories of people who have fled war and persecution to find solace in Barnet. BRS agreed to work with Mike to raise the profile of the positive contribution made to the area by often highly skilled and hardworking refugees who have fled their home country because of persecution. Our local MP reminded those present that the UK has a long record of helping victims of state violence and persecution and should always seek to help those who need it most. Speaking after his meeting with BRS he said, *"So many people in my constituency are refugees or direct descendants of refugees that this is a really pertinent issue in Barnet. Refugees are often given a hard time in the media, so it's important we highlight the positive contribution many new arrivals make."*

End of Year Party 2013

Every year Barnet Refugee Service organises a party for our client families.

The party offers a rare opportunity to those seeking asylum or recently granted the right to settle here, to have a few hours recreation and socialising. Father Christmas gives presents to all the children. For many of them these will be the first presents they have received in a long, long time.

Once again this year's party was organised in partnership and with the support of North Western Reform Synagogue (Alyth) and St Matthias Church. The party was held at St Matthias Community Centre, Colindale on Monday 23rd December 2013.

Around 250 clients attended at least half of whom were children. There was food, entertainment including a children's club, drumming as well as Santa Claus who handed out presents to the kids. There were gifts for adults as well. We were fortunate to have the help of over 25 volunteers without whose participation none of this would have been possible. The volunteers worked very hard and effectively together to facilitate the smooth running of the party. The partnership between St Matthias, BRS and Alyth worked well with a great deal of input and collaboration from all three groups

Our special thanks go to the local schools,

faith groups and individual donors who provided us with cash and gifts for Santa's Grotto and our Tombola. In particular we would like to thank Michael Sobell Sinai School for providing us with muffins and cakes made by the pupils. We would also like to thank the Play-write Group who once again donated a generous number of different types of gifts which we gave as presents to the children.



Volunteering



"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in."
Author Unknown

Volunteers are integral to our work and their commitment, skills, interests and life experiences are an enormous asset to Barnet Refugee Service.

Volunteering, especially for people from refugee background, can create an opportunity to try out new and different occupations in the new UK environment. This is particularly relevant in a context where many refugees experience a societal process of de-skilling through non-recognition of their qualifications. This is often a very frustrating experience that requires a re-orientation. The context of de-skilling of refugees also provides the backdrop for another type of volunteering experience. Many of our volunteers from our client base can only secure paid employment in low skill, low pay jobs. Volunteering therefore provides an alternative activity, which they find more meaningful and gives them a save space to learn new skills, increase confidence and make friends.

"Volunteering at BRS helped me to regain my confidence!"

BRS runs with the support of City Bridge Trust a successful Volunteering Project that supports clients to develop personal skills through volunteering that will help them towards full integration, independ-

ence and to be able to access employment. Since the beginning of the project 6 of our client volunteers found paid employment.

The volunteers provide support in every aspect of the services we provide: Advice, ESOL, Mother and Toddler Group, Women's Arts Group, Employment support through our Job Club, Girls Group, North London Global Gathering Youth Club, Football Team, Health Walks, Men's Breakfast Club, outreach, interpreting and event organisation.

The relationships developed between UK volunteers and refugees when working alongside each other also help to promote mutual understanding between individuals and communities.

There has been a number of training sessions taking place for Barnet Refugee Service volunteers internally and externally. Volunteers from a variety of projects took part in Volunteer Induction, Refugee Awareness and Employment training sessions as well as training on Welfare Benefits, Housing, Stop smoking level 1&2, Project Development, Sustainability & Exit Strategies and Registration of Children as British Citizens. In times of austerity free training are rare to find, but we do our best to network and find them for our invaluable volunteers.

There has been ongoing support to the volunteers in various posts, including one-to-ones and supervisions. Some of our volunteers have also managed to secure volunteer placements in other organisations such as Farsophone Counselling Service, and Multilingual Wellbeing Services based at Edgware Community Hospital or The Reader Organisation.

To support the local community we also take students from local schools for work placements to gain valuable work experience and an insight of charity work.



Our Volunteers

Trustees

Simeon Galpert
Peter Salomon
Ponusamy Karunaharan
David Levey
Dr Zoe Aslanpour
Hussein Nazari
Tanya Novick
Roger Selby
Shubhi Raymond

Men's Group volunteers

Abdulwahab Moghrabi
Vijah Depala
Alpha Jalloh
Shakib Murshed

Volunteer Advisers

David Bier

Events Volunteer

Razieh Niromand

Admin and Office Support Volunteers

Zohreh Shahrabi
Suhad Adam
Elham Safenick

Finance and book-keeping

Fahimeh Afshinrad
Josephine Durosini-Etti

Women's Group

Tanya Novick
Elsa Shamash
Zhara Miraslani

Web Design/ IT Support

Vi Bang
Ersin Demirtassuhad

ESOL volunteers

Kathryn Salomon
Sandra Green
Elizabeth Perrot
Ros Staines
Rosemary Biseo
Vivian Chapman
Penny Rae
Barbara Goldstein
Yasmin Khan
Helen Stone
Susan Stewart
Solomon Amare Zewold
Raji Karunaharan
Sara Hessabi
Nigel Nicholson
Tinoush Tazik
Sheeba Edgeerton
Caroline Victor
Anne Perez
Laila Salam
Catriona Pickard

Mother and Toddler Group

Patricia Peiris
Alison Stein
Zohreh Shahrabi
Charlotte de Lord
Haura Almoathen
Rosalia Cavaliere
Sara Hessabi
Negar Khosravi

Youth Work Volunteers

Yuko Kamogawa
Elham Shadbarht

Volunteer Interpreters

Francoise Mandungu
Sukran Anastasio
Freshta Khanadahari
Fatemeh Beagzadeh
Ahlam Ahmed
Suhad Adam
Monique Ebrahimnia
Rahela Amiry

Health Walks

Viola Brisolin
Alison Stein
Zohreh Shahrabi
Laila Salam
Elham Safenick

Job Club

Victoria MacGregor-Osifeso

Graphic Design

Kamela Amiry

BRS Volunteering Award Party 2014

BRS Annual Volunteer Party was organised in May to celebrate and thank all our volunteers for all their hard work and commitment to BRS. It was an opportunity for volunteers from different projects to meet, enjoy some light refreshments and receive their certificate of appreciation. The highlight of this year's party was the BRS Volunteer Quiz, and two teams scored the same points and won, Jo (Finance volunteer) with Vicky (Job Club) as well as Rosemary and Caroline (both ESOL volunteers) were the lucky winners. Through the quiz the volunteers learnt some interesting facts about refugees and asylum seekers in the UK and beyond while they were celebrating their own contribution to creating new lives for refugees in London.

A VERY BIG THANK YOU to all our volunteers!!!



Financial Information

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2014

	2014 Unrestricted funds £	2014 Restricted funds £	2014 Total funds £	2013 Total funds £
Income resources				
Incoming resources from generated funds				
Voluntary Income	36,752	30,036	66,788	13,274
Grants	-	9,226	9,226	77,251
Interest receivable	92	-	92	133
Incoming resources from charitable activities	-	97,959	97,959	86,950
Total incoming resources	36,844	137,221	174,065	177,608
Cost of charitable activities	36,393	135,540	171,933	174,983
Governance costs	2,097	-	2,097	2,460
Total resources expended	38,490	135,540	174,030	177,443
Net incoming/ (outgoing) resources - before transfers between funds	(1,646)	1,681	35	165
Gross transfers between funds	5,860	(5,860)	0	0
Net movement in funds	4,214	(4,179)	35	165
Total funds at 1 April 2013	48,336	4,179	52,515	52,350
Total funds at 31 March 2014	52,550	0	52,550	52,515

Trustees Statement

These above accounts have been extracted from the accounts prepared by Ashley Nathoo & Co and were approved by the Trustees of Barnet Refugee Service on 06/08/2014 . The full report will be submitted to the Charities Commission and to Companies House in due course. If copies of full report are required they may be obtained from the Director of Barnet Refugee Service.

Peter Salomom
Chair

Partnership Organisations

Advice/ support agencies

1. Advocacy In Barnet
2. Asylum Support Appeals Project
3. Advice UK (BAN membership)
4. Threshold
5. Barnet Law Service
6. Barnet PCT Patient Advice and Liaison Service
7. Citizens' Advice Bureau
8. Duncan Lewis and Co solicitors
9. Homeless Action in Barnet
10. Refugee Council
11. Sangam Centre
12. East Finchley Advice Centre

Employment, Training and Education

13. The Hyde School
14. The Reader Organisation
15. Barnet College
16. Southgate College
17. Minorities Achievement Project
18. OLMEC
19. RETAS
20. RAGU
21. Refugee Council
22. Refugee Women Association

Health

23. Freedom From Torture
24. Barnet Primary Care Trust
25. Health Improvement
26. Voluntary and Interpreting Services
27. Mental Health Commissioner
28. Community Mental Health Teams
29. GP practices
30. TB Unit
31. Walk in Centre/ Refugee Clinic

32. Cherry Lodge Cancer Care
33. Medact
34. Multilingual Wellbeing Service
35. Farsophone Counselling Service
36. Mapesbury Clinic
37. UAAF
38. Community Mental Health Development

Refugee Organisations

39. Afghan Association Paiwand
40. African Refugee Community
41. African Women Handwork Association
42. Barnet Somali Community Group
43. Farsophone Association
44. Holdhands Angolan Charity
45. Horn of Africa Women's Association
46. British Red Cross
47. Refugee Women's Association
48. Somali Family Support Group
49. Tamil Refugee Action Group
50. Voices for the Minority

Umbrella bodies/ 2nd tier organisations

51. Advice UK
52. Community Barnet
53. Evelyn Oldfield Unit
54. Mentoring and Befriending Foundation
55. OISC
56. Refugee Council

Volunteering

57. Involved
58. Barnet Volunteer Centre
59. Camden Volunteer Bureau
60. RSVP

Partnerships

61. Multilingual Wellbeing Service
62. BAN network (BME Advice Network)
63. The Hyde Children Centre
64. Chinese Mental Health Association
65. Somali Family Welfare Association
66. JCORE
67. Afghan Association Paiwand
68. NHS Barnet
69. London Academy School
70. Art Depot
71. Finchley Youth Theatre

Young People

72. Children's Fund
73. Children's Panel Refugee Council
74. Integrated Youth Support
75. Refugee Youth Project
76. Arts Depot
77. Social Services
78. Afghan Association Paiwand
79. CAF Team

Donations

We would be very grateful if you would consider supporting our work financially. If you wish to give us a Donation, please fill out the form below.

I enclose my donation to Barnet Refugee Service to help you provide vital support to destitute asylum seekers and refugees in Barnet.

Cheque (payable to Barnet Refugee Service) for £_____ enclosed

Please complete the following Gift Aid Declaration as this allows us to claim tax back from the Inland Revenue on your donation without any extra cost to you.

Barnet Refugee Service
(Registered Charity No: 1107965)
Gift Aid Donation Form

Full Name

Address

Post Code

Declare that I want Barnet Refugee Service to reclaim tax on my Donation of £ and any future donation until I inform you otherwise.

Signed

Date : ___/___/___

Note: You must Pay an amount of income tax or capital gains tax equal to the tax we reclaim on your Donation currently 28p for every £1 you give.

**Please return this form with your donation to:
Barnet Refugee Service,
Hyde House
The Hyde, London NW9 6LH**



BARNET REFUGEE SERVICE

Everyone has the right to a standard of living adequate for the health and well-being of himself and of his family, including food, clothing, housing and medical care and necessary social services, and the right to security in the event of unemployment, sickness, disability, widowhood, old age or other lack of livelihood in circumstances beyond his control [article 25(1) of the Universal Declaration of Human Rights].

MACT

VP
volunteering to
health & social

THE
HIDDEN
CHARITABLE
FUND

CITY
LONDON

STAN & PAUL
WILLIAMS

OISC

295

Barnet
NHS
Primary Care Trust

BARNET
LONDON BOROUGH

HELP A
CAPITAL
CHILD